***CYNTHIA JONES, LPC, BC-DMT, ACS***

***Clinical Supervision***

***🖃 137 N 4th St #3R, Philadelphia, PA 19106*** *🖀* ***215.901.1538 🖳*** [*cynjon59@gmail.com*](mailto:cynjon59@gmail.com)

**Professional Disclosure for Clinical Supervision**

Thank you for considering me as your clinical supervisor. This document should answer basic questions about my qualifications and approach. I am available to answer any other questions you have. At the end of this document is the Clinical Supervision Agreement Form for you to sign should we enter into a contractual agreement for supervision.

**Professional Experience and Current Credentials**

* Master’s Degree in Creative Arts in Therapy; Dance/Movement Therapy from Drexel University (formerly Hahnemann Medical College and Graduate School) in Philadelphia, PA, 1983.
* Licensed Professional Counselor: PA PC001723 since 2002
* National Certified Counselor, 61689; National Board of Certified Counselors, since 2000
* Board Certified Dance/Movement Therapist: BC-DMT 476; American Dance Therapy Association, since 2009
* Approved Clinical Supervisor: ACS01743; Center for Credentialing and Education Inc. 2014
* Certified Case Manager; 1209344; Commission for Case Manager Certification; 2015
* Certified Clinical Trauma Professional; International Association of Trauma Professionals since 2016
* Certified Addiction-Informed Mental Health Professional since 2021

**About me…**

I joined the faculty of Drexel University (formerly Hahnemann University) directly after completing graduate school in 1983. I have been providing clinical supervision, thesis advisement, curriculum development and various teaching assignments since then. My areas of concentration are clinical supervision, group dynamics, and social and cultural foundations of counseling. My affiliation with the university has varied over the years. I am currently an Adjunct Professor.

I have worked in all levels of mental health care in my 30+ years in the field. I worked as a Dance/Movement Therapist in several hospitals for the first 20 years of my career. This experience included state hospitals, private hospitals, community hospitals, and behavioral health treatment services within the prison and shelter systems. My most recent position in the hospital system was Chief of Rehabilitative Creative Arts Therapy from 1993 -2002. I became a licensed counselor in 2002 when the Pennsylvania Board of Counselors grandfathered in Creative Arts Therapists. When I became licensed, I left the hospital system and developed a diverse private practice/consulting business.

I worked with several community-based agencies and organizations. Contracts included teaching parenting classes and facilitating support groups for parents with behavioral health issues; running an after school creative arts program as part of a pregnancy prevention initiative for pre-teens; team building workshops for professionals; technical assistance for community based artists, and grief support for children and families. I maintained a private practice, working as therapist in a group practice. I have been involved in grant writing and program development for pilot programs in the community.

I worked in as a clinical case manager in managed care for 13 years, providing mental health education and support, and care coordination to people who are medically involved, assisting people with navigating the healthcare system, and identifying barriers to effective behavioral health treatment for people managing serious mental illness and persistent addiction. I was also involved in utilization management and healthcare policy.

**About My Work…**

My clinical approach has been evolving over the years. My training in Dance/Movement Therapy was rooted in developmental and psychodynamic theories. My focus has been on using body movement as a tool to organize thoughts and behavior, regulate, and integrate emotions, and as a vehicle for symbolic expression. Working in hospital systems, I developed an expertise in working with people who have serious mental illness and addictions. I have had specialized training in Cognitive Behavioral Therapy, Mindfulness Based Stress Reduction, Trauma Informed Therapy, Motivational Interviewing, and Grief, Death, and Loss. In the medical realm, I work with people too explore nonverbal and somatic indicators related to serious illness. I support the adjustment that illness and injury impose on daily functioning and relationships. I train people to use non-medical adjunctive strategies and to manage pain and long-term recovery.

My supervision approach is informed by working within various treatment models and theoretical frameworks through my direct care experience and through supervision with students and advanced clinicians. I completed level 2 training in Narrative Therapy at the Institute for Narrative Therapy in London. I pull from the core principles of Internal Family Systems, the Use of Self in Supervision, and the Person of the Therapist approach to supervision.

I began mentoring and supervising interns in the clinical setting in 1984. I have provided clinical and administrative supervision to staff and interns in multiple settings. I am an approved supervisor for DMT Board Certification and PA state licensure for Professional Counselors. I provide clinical supervision and consultation to advanced clinicians. I am currently available for individual, triadic and group supervision and consultation on program development.

I was mentored and received supervision from the founding Director of Dance/Movement Therapy at Hahnemann Medical College, Dianne Dulacai and by licensed psychologists and psychiatrists in my work place in the beginning of my career. I have taken numerous continuing education workshops and courses on clinical supervision. My training has focused on the process of supervision, the supervisory relationship, ethics, cultural considerations, and various models of supervision. I am a Senior Clinical Instructor and site supervisor for interns in the Drexel University Dance/Movement Therapy and Counseling graduate program.

My approach to clinical supervision is fundamentally based on the goals of the supervisee. Clinic-based supervision integrates the treatment model and goals of the setting. Supervision with students is based on the academic guidelines of the program. I generally use a psychotherapy-based model of supervision, exploring transferential relationships, congruent parallel process, and development of themes. Nonverbal and somatic experiences in the therapeutic process are central to my work.

**About Supervision…**

**Individual supervision** is scheduled as needed with attention to the requirements for board certification and licensure and the supervisee’s clinical goals.

**Triadic supervision** is a shared session for 2 supervisees.

**Group supervision** for working professionals meets for 3 hours once per month. The first hour is based on self-care and exploring the impact clinical work is having on the therapist. The second hour is a case presentation. Supervisees present a case or a clinical dilemma that is coming up in their practice. The third hour is didactic, reviewing literature on clinical populations, theoretical frameworks, and clinical assessment.

My role as clinical supervisor is to provide a supportive space where supervisees can sharpen their skills and integrate personal, clinical, and theoretical information to develop a sound practice. It is important for me to model ethical practice and help supervisees identify where ethical dilemmas may exist, and to stay current with new information and ideas about clinical practice.

**Terms of Supervision…**

Supervision is confidential with the following conditions:

* + The general limits of confidentiality are when harm to self or others is threatened and when the abuse of children, elders or disabled persons is suspected.
  + Clinical information shared in the supervisory relationship is confidential with regard to clients’ identity, and supervisee’s concerns about the workplace.
  + Content and participation in supervision will be described in general terms in reports and verification of supervision when required.
  + Requests for references and employment recommendations will only be released with your permission for each request.
  + All participants in triadic or group supervision will be asked to agree to confidentiality as a condition of joining the triad/group.

Session Fees and Length of Service:

* Individual Supervision $100/1 hour
* Triadic Supervision $75/75 min
* Group Supervision $150/3 hour (4-8 participants).
* Site visits $150/2 hours
* Participation in group must be reserved and confirmed prior to meeting. Payment is due at the beginning of the meeting. There is a 50% charge for missed or canceled or appointments with less than 24 hours notice.
* Sliding scale arrangements may be negotiated by the individual, triad, or group.

Evaluation

Guiding questions are used to formulate supervision goals. Goals are reviewed and revised at regular intervals. Supervisee and supervisor participate in collaborative evaluation of the effectiveness and usefulness of supervision.

Supervisees are expected to maintain their own records of attendance

I abide by the Code of Ethics:

* State Board of Social Workers, Marriage and Family Therapists and Professional Counselors (LPC)

<http://www.pacode.com/secure/data/049/chapter47/s47.71.html>

* National Board For Certified Counselors (NBCC)

<http://www.nbcc.org/assets/ethics/nbcccodeofethics.pdf>

* American Dance Therapy Association, (ADTA)

<http://www.adta.org/Resources/Documents/ADTA%20Code%20%20Standards-2012.pdf>

* The Center for Credentialing and Education, Inc. (CCE), Approved Clinical Supervisor (ACS)

<http://cce-global.org/Downloads/Ethics/ACScodeofethics.pdf>

Although supervisees are encouraged to discuss any concerns with me directly, you may file a complaint against me with any of these organizations should you feel I am in violation of any of the codes of ethics.

***CYNTHIA JONES, MA, LPC, NCC, ACS, CCM, CCTP, BC-DMT***

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***Supervisee***

Name

Address

City, State, Zip

Telephone

Email

***Supervision Agreement* :**  Individual Triadic Group Consultation

Rate:\_

Time Frame: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

***Acceptance of Terms***

We agree to these terms and will abide by these guidelines.

Supervisee: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_

Supervisor: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_

Cynthia Jones

National Certified Counselor: 61689 - 12/29/1999

Licensed Professional Counselor: PA PC001723 - 4/8/2002

Board Certified Dance/Movement Therapist: BC-DMT 476 - 10/2009

Approved Clinical Supervisor: ACS01743 - 7/15/2014

Certified Case Manager: 1209344 - 5/1/2015

Certified Clinical Trauma Professional - 10/18/2017

Certified Addiction-Informed Mental Health Professional: CAIMHP 285591 - 10/19/2021